

To State Health Benefit Plan (SHBP) members and families:



What do your health benefits and water have in common? They're both good for you!

Sharecare, in partnership with SHBP, has created the *Be Well SHBP*® well-being program. Take control of your day-to-day health while participating in this incentive program made specifically for SHBP members and their covered spouses enrolled in Anthem Blue Cross and Blue Shield (Anthem) and UnitedHealthcare Commercial (non-Medicare Advantage) Plan Options. The activities in this program are meant to give you a snapshot of your health and help you develop habits to change your life for the better. To learn more, go to: <https://bewellshbp.com/>.

Anthem Blue Cross Blue Shield members:

You qualify for discounts on products and services that help promote better health and well-being, including:

- Pet insurance
- [Co-pay/co-waiver Program](#)
- Lower gym membership with Active & Fit Direct
- Eyewear

[Learn more here!](#)

UnitedHealthcare members:

These health plans include all kinds of wellness programs and health services designed to support you:

- OnePass Select
- Calm Health
- Talk Space
- 24/7 Virtual Visits
- [Co-pay/co-waiver Program](#)
- Colorectal Campaign *coming soon!*

[Learn more here!](#)

Kaiser Permanente members:

You have access to great benefits, including:

- HeadSpace
- Earn up to \$1,000 with our 2026 5-Step Wellness Program

[Learn more here!](#)

Questions? Contact us at [shbp.wellness@dch.ga.gov](mailto:shbp.wellness@dch.ga.gov).

Thanks,

SHBP